

MEDIA RELEASE

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Bridgewater Mayor Dan Hayes Announces Spring Senior Health Fair

The Bridgewater Township Department of Human Services will host a Senior Health Fair and Vendor Exhibit on Thursday, April 23, 2015 from 10:00 AM to 1:00 PM at the Bridgewater Senior Citizens Center. The Center is located at 455 Somerville Road, Bridgewater.

The free event, a component of the Bridgewater Mayors Wellness Campaign, will provide free health screenings and evaluations by certified health practitioners. Prominent participants are being added daily and will include Robert Wood Johnson University Hospital –Somerset, Doctors Express Urgent Care, Raritan Valley Audiology, Natural Medicine and Rehabilitation, Family Foot and Ankle Specialists, The Center for Pain Management, Carrier Clinic, Home Instead Senior Care and the Zufall Health Center. In addition numerous senior-oriented vendor exhibits and service displays will be available for review and network opportunity.

The Senior Health Fair will also include a usable eyeglass collection through the Bridgewater Lions Club “Recycle For Sight” Campaign. Individuals may bring used eyeglasses for collection during the event. The Lions Club International will refurbish these eyeglasses for future distribution to those in need.

A free continental breakfast will be available from 10:00 AM to 11:00 AM. Refreshment sponsors for the Senior Health Fair include Sanofi, Home Instead Senior Care, RideWise, Chelsea Senior Living, Avalon Assisted Living, Somerset Valley Rehabilitation (Care One), ComForcare Senior Services, Foothill Acres Rehabilitation and Nursing Care, Readington Farms, Johanna Farms and the Bridgewater Lions Club. The event will also feature door prizes and raffles courtesy of the exhibitors at the event. All individuals in the Central New Jersey area are welcome to attend.

The Mayor’s Wellness Campaign is dedicated to promote active-living and healthy lifestyle initiatives in the community. For more information please contact the Bridgewater Township Department of Human Services by telephone at (908) 725-5750 or through email at health@bridgewaternj.gov.