



# THE TOWNSHIP OF BRIDGEWATER

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## Volunteer Coaching Information

Volunteer coaching in youth sports offers a rewarding opportunity to make a positive impact in your community. Coaches help shape young athletes' confidence, teamwork, and sportsmanship while fostering a love for physical activity. It's a chance to give back, build meaningful connections, develop leadership skills, and be a role model - all while having fun and staying active.

The Township of Bridgewater requires all their volunteer coaches and assistants to complete the Rutgers Youth S.A.F.E.T.Y. Course. Volunteers ages 18 and over must also complete a Criminal History Background Check. In order to acquire these credentials through Bridgewater Recreation, volunteers must be pre-approved by Recreation staff. Coaches are also expected to attend any mandatory coaches and/or program meetings.

Interested in becoming a volunteer coach? E-mail us at [Recreation@bridgewaternj.gov](mailto:Recreation@bridgewaternj.gov)